

Liability Waiver

Polar Bear Plunge
February 21, 2010

Name: _____

Address: _____

Phone Number: _____

Date of Birth: _____

I, _____, have voluntarily elected to participate in the Polar Bear Plunge fundraiser. I fully understand the risks of jumping into the waters of Casco Bay in February. I agree not to hold the Chebeague Recreation Center liable for injuries acquired from my participation in this event.

I hereby confirm that I am in good physical condition and do not suffer from any disabilities or physical condition that places me at risk or otherwise prohibit my participation in the Polar Bear Plunge.

Furthermore, in consideration of my participation in this program, I myself, my heirs and assigns, release The Chebeague Recreation Center (employees, officers, or volunteers), from any claims, demands, and/or causes of action arising from my participation in this event.

I hereby affirm that I fully understand the preceding paragraphs and volunteer to participate at my own risk.

Participant: _____ Witness: _____

(print name)

(print name)

Signature: _____ Signature: _____

Date: _____

Signature of Parent or Guardian _____

Date: _____